

*Directions to **Behavioral Healthcare**
Located in the **Progress Street Office Building**
312 Progress Street, Suite 200
Fredericksburg, VA 22401
(540) 310-0797*

From South on Route 1

Traveling north on Route 1, turn right at Fall Hill Avenue. This is at the corner with James Monroe High School. Turn left on the second street, which is Progress Street. The next cross street is Charles. The Progress Street Office Building is to your right and across Charles Street. There is a parking lot in back. Enter the building through the Charles Street entrance.

From downtown Fredericksburg

Take Caroline Street out of town. This is a one-way street that will take you in the proper direction. You will come to a point where Caroline is not longer one-way. Turn left and then take the first right onto Princess Anne Street. Continue past the stoplight at Germania Street. Take the first left after the stoplight, which is Progress Street. You will see a two-story brick building to your left. You may park in the parking lot behind the building. Enter the building through the Charles Street Entrance.

From Stafford County

Proceed south on Route 1 across the Falmouth Bridge over the Rappahannock River. Take a left turn onto Princess Anne Street at the stoplight at the end to the bridge. The third cross street is Progress Street. There are used car dealers on the right and Little Tire is on the left. Turn right on Progress Street. You will see a two story brick building to your left. You may park in the parking lot behind the building. Enter the building through the Charles Street Entrance.